

**Function**

In the Arm Game the alternating forwards and backwards movement of the handles in their guides can be compared to the movements of the poles in cross-country skiing and in „Nordic Walking“, except that here it takes place on the same spot. Varying the pressure means the handles slide either easier or harder.



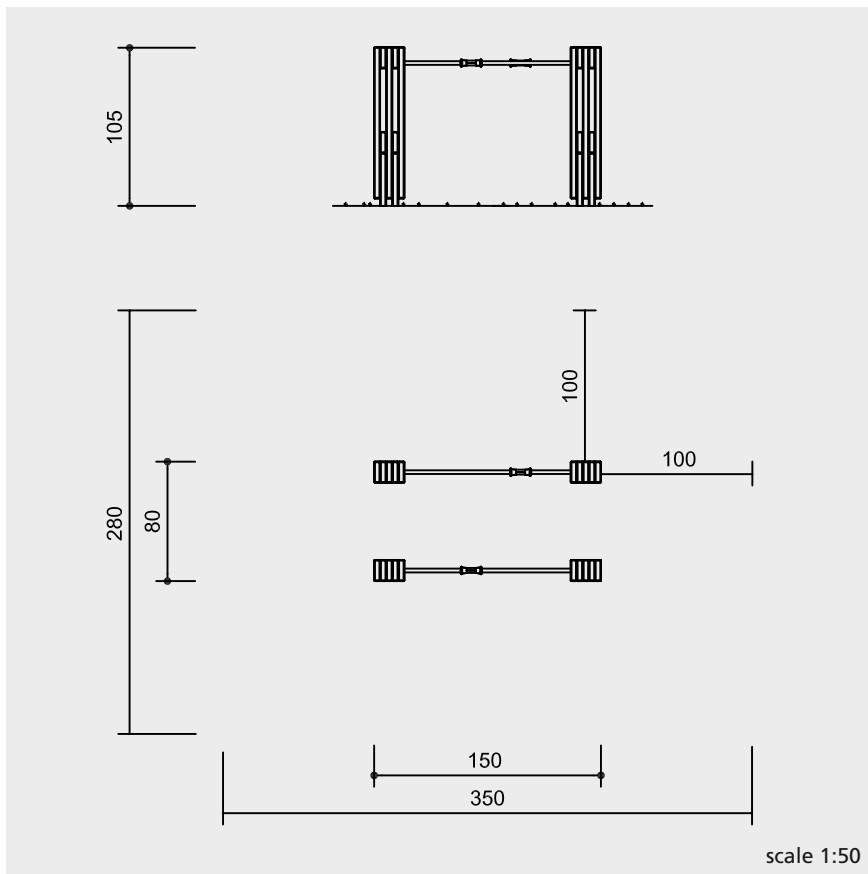
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Design M. Linacisoro

**Arm Game**



11.01400



### Technical information

#### Core-free timber

sawn-timbers of mountain larch, selected according to eight quality criteria, core-free thus decreasing the occurrence of cracking



#### Adjustable

no projecting threads after re-tightening due to two-piece bolt connection and therefore easy to maintain



#### Ground anchor

foundation anchor made of phenol resin paper based laminate



sandwich construction frame, oiled, non-positive fitting

handle bar made of stainless steel

handles made of polyamide

#### Dimensions

(small deviations possible)

height 1.05 m  
width 1.50 m  
depth 0.80 m

weight approx. 180 kg

For more detailed explanation of the quality characteristics see price list.

### Components

- 4 support posts including foundation anchors
- 2 handle bars with handles

### Installation information

Surfacing  
no requirements

Foundations  
2 items 60 x 120 x 40 cm  
excavation 60 cm

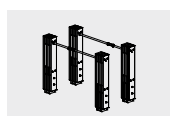
#### Attention!

**Exact measurements may vary, for all installation dimensions refer to current installation instructions.**

Subject to technical changes!

### Safety

This equipment is not playground equipment within the scope of EN 1176 and therefore is also not subject to the requirements of this standard. Nevertheless, it is complied with where appropriate.



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